

# Louisville Middle & High School Lunch Menu

Fruits and vegetables offered daily  
on the fruit and vegetable bar

January  
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>No School</p>	<p><b>3</b></p> <p>No School</p>	<p><b>4</b></p> <p>No School</p>	<p><b>5</b></p> <p>Chicken Gravy over Mashed Potatoes Whole Grain Dinner Roll Crispy Chicken Sandwich Turkey BLT Wrap Crispy Chicken Salad Roasted Broccoli Variety of Veggies Canned Fruit Bar</p>	<p><b>6</b></p> <p>Beef Hot Dog on a Bun Choice of Pizza Turkey BLT Wrap Crispy Chicken Salad Special Staff Meal Steamed Carrots Variety of Veggies Fresh Fruit Bar</p>
<p><b>9</b></p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll Choice of Pizza Ham and Cheese Charcuterie Chef Salad Roasted Broccoli Variety of Veggies Canned Fruit Bar</p>	<p><b>10</b></p> <p>Cheeseburger on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Ham and Cheese Charcuterie Chef Salad Mashed Potatoes &amp; Gravy Variety of Veggies Fresh Fruit Bar</p>	<p><b>11</b></p> <p>Choice of Nachos Rice Krispy Bar Choice of Pizza Ham and Cheese Charcuterie Chef Salad Baked Beans Variety of Veggies Canned Fruit Bar</p>	<p><b>12</b></p> <p>Grilled Ham &amp; Cheese Sandwich Crispy Chicken Sandwich Ham and Cheese Charcuterie Chef Salad Tater Tots Variety of Veggies Fresh Fruit Bar</p>	<p><b>13</b></p> <p>Lasagna Rollup with Sauce Garlic Toast Choice of Pizza Ham and Cheese Charcuterie Chef Salad Special Staff Meal California Blend Vegetable Variety of Veggies Canned Fruit Bar</p>
<p><b>16</b></p> <p>No School</p>	<p><b>17</b></p> <p>Meatball Marinara Sub Crispy Chicken Nuggets Whole Grain Dinner Roll Honey Mustard Ham Wrap Cravin Craisin Salad Steamed Green Beans Variety of Veggies Canned Fruit Bar</p>	<p><b>18</b></p> <p>Choice of Nachos Chocolate Chip Cookie Variety of Pizza Honey Mustard Ham Wrap Cravin Craisin Salad Roasted Broccoli Salsa Variety of Veggies Fresh Fruit Bar</p>	<p><b>19</b></p> <p>Pasta with Meat Sauce Garlic Breadstick Crispy Chicken Sandwich Honey Mustard Ham Wrap Cravin Craisin Salad Potato Wedges Variety of Veggies Canned Fruit Bar</p>	<p><b>20</b></p> <p>Chicken Potstickers Chicken Fried Rice Choice of Pizza Honey Mustard Ham Wrap Cravin Craisin Salad Special Staff Meal Steamed Carrots Variety of Veggies Fresh Fruit Bar</p>
<p><b>23</b></p> <p>Shrimp Poppers Macaroni &amp; Cheese Variety of Pizza NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Southwest Chicken Salad Coleslaw Variety of Veggies Canned Fruit Bar</p>	<p><b>24</b></p> <p>Oven Roasted Brat on a Bun Baked Beans M&amp;M Cookie Crispy Chicken Nuggets Whole Grain Dinner Roll NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Southwest Chicken Salad Roasted Corn Variety of Veggies Fresh Fruit Bar</p>	<p><b>25</b></p> <p>Orange Chicken Brown Rice Variety of Pizza NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Southwest Chicken Salad Steamed Carrots Variety of Veggies Canned Fruit Bar</p>	<p><b>26</b></p> <p>Pancakes Sausage Patty Crispy Chicken Sandwich NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Southwest Chicken Salad Potato Wedges Variety of Veggies Fresh Fruit Bar</p>	<p><b>27</b></p> <p>Choice of Bake Garlic Toast Choice of Pizza NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Southwest Chicken Salad Special Staff Meal Roasted Broccoli Variety of Veggies Canned Fruit Bar</p>
<p><b>30</b></p> <p>Cheeseburger on a Bun Variety of Pizza Deli Sandwich or Sub Chef Salad Parsley Potato Variety of Veggies Fresh Fruit Bar</p>	<p><b>31</b></p> <p>Lasagna Rollup with Alfredo Rip Stick Breadstick Homemade Brownie Crispy Chicken Nuggets Whole Grain Dinner Roll Deli Sandwich or Sub Chef Salad Roasted Broccoli Variety of Veggies Canned Fruit Bar</p>			

PRICES

Student Lunch	\$3.10
Reduced Lunch	\$4.40
Adult Lunch	\$4.25
Extra Milk	\$0.50
Extra Entrée	\$1.50

EXTRA INFO

Milk choice of 1% Unflavored or Chocolate Skim is included with lunch.  
Questions or comments please contact our FSD Natasha Rogers at [taher@lpslions.org](mailto:taher@lpslions.org) or call (402) 234-3585

HARVEST OF



THE MONTH

Menus and nutrition  
our app  
Taher Food4Life®



[www.taher.com](http://www.taher.com)